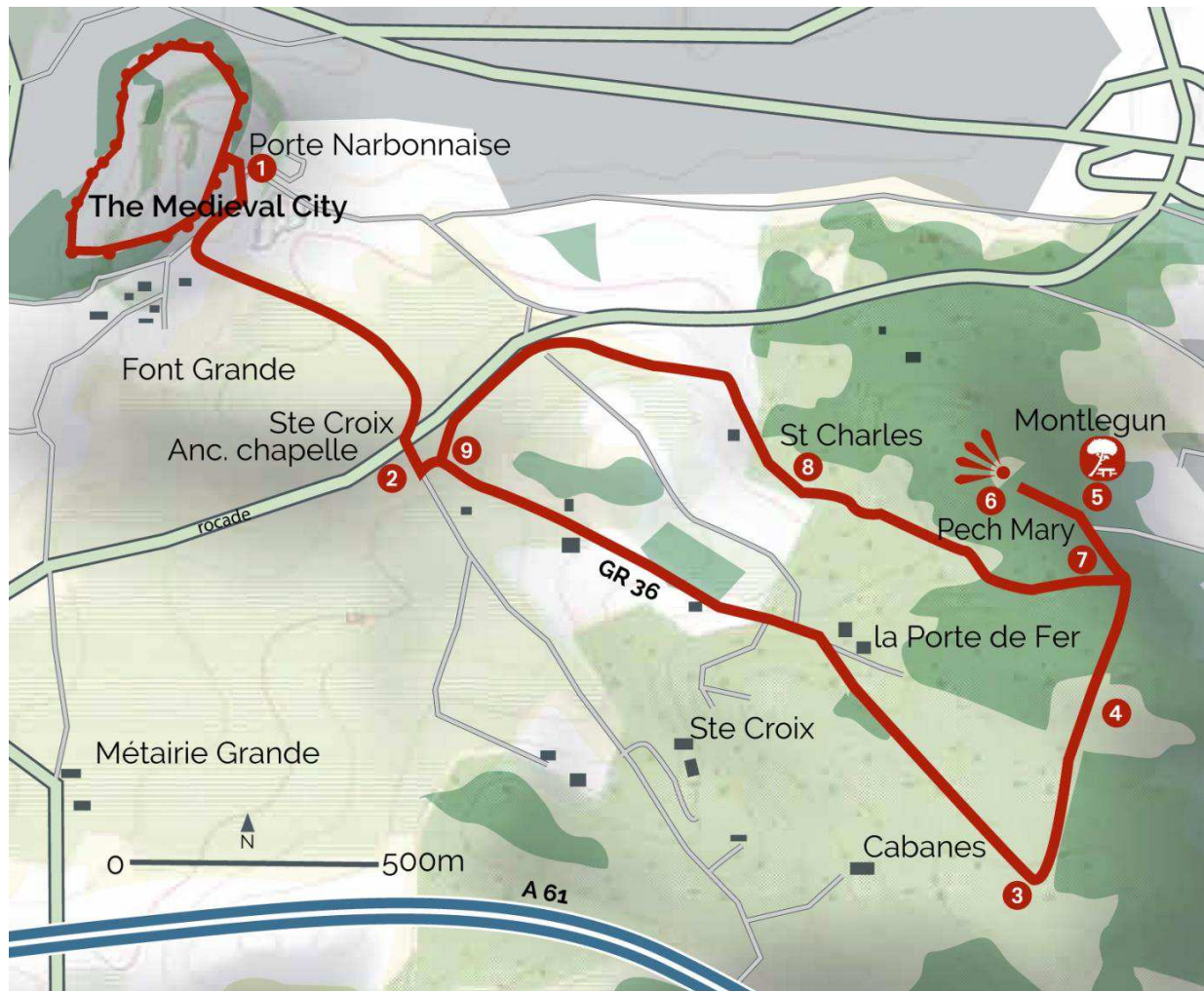


CITY AND LANDSCAPES

At the gates of Carcassonne, the Pech Mary hill offers hikers shade beneath its pine trees and an unusual view over the Medieval City, the plain of the Aude and the Montagne Noire.






Distance : 7,5 km

Difficulty Level : Medium

Duration : 2h

Start : Porte Narbonnaise (Medieval City)

Signage : ① to ③  **(GR36), ③ to ⑨**  **, ⑨ to ①**  **(GR36)**



Route description :

- ① From the porte narbonnaise of the Medieval City, go along the cemetery and take a left in the direction of Sainte Croix. Pass under the pont de la rocade (ring road bridge).
- ② Go in the direction of Porte de Fer and the white and red signs (GR36) until you arrive at a plateau and an intersection.
- ③ Turn left after the large cypress tree on the path leading to Pech Mary and keep going straight ahead by crossing an alley with cypress trees and following the yellow signs to an iron barrier.
- ④ After the barrier, keep going straight and you pass through a pine forest which opens out onto a large plateau.
- ⑤ Continue straight and get onto a small path which forks to the left and brings you to a hill and a “cul de sac” : panoramic view over the Medieval City, the Carcassès plain and the montagne noire
- ⑥ Retrace your steps to the plateau.
- ⑦ After the “Espaces Verts de Pech Mary” sign, turn right down a small path below Pech.
- ⑧ Join the white and red signed route again (GR36), keep following the road straight going along the ring road.
- ⑨ At the intersection, turn right down the GR36 to get back to the Medieval City

History / Good to know : Amongst Mediterranean and Atlantic Fragrances

A visit to a city with geographical and cultural origins set in an agricultural landscape in the midst of vines and wooded hills. The history of vines and country wine has been a strong element in the meetings and exchanges between populations since the days of antiquity. Grapes from the Atlantic (merlot, cabernets,cot) mix with traditional Mediterranean grapes (carignan, cinsault, grenache, syrah). Both types (caladoc, chenanson, marselan, chasan) thrive here. The grapes' adaption to these different pedoclimatic situations allows for the production of rich and complex fruity wines which are incredibly delicate and have a remarkable freshness. These are named IGP Cité de Carcassonne. IGP is available in three colours and has become a great ambassador for the City and its history which is strongly linked to wine trade.